

Hop on The Right Track



HealthConnexion is Farrer Park Hospital's health screening and preventive centre. It offers comprehensive health screening packages as well as customized comprehensive solutions for individuals, corporate companies and the medical tourist. Stepping through the doors into the chic, modern interior, one finds spacious high ceilings and a beautiful outdoor zen garden with spectacular views of the cityscape. HealthConnexion clients can soak in the calming ambience of the garden while enjoying healthy refreshments served after the health screenings are done. Reviews by our doctors are done within a week after the health screening and clients will be provided both a beautifully bound full medical report and a thumb drive of the same report.





HealthTrack Regular provides the essentials of physical examination and laboratory investigations, and offers good value to enter a program of lifelong health awareness.

Health Track REGULAR

\$350 INCLUDING GST



Pre- and Post- Consultation Physical Examination

MEASUREMENT

Height, Weight and BMI Waist Circumference Blood Pressure **Body Composition Analyzer** Visual Acuity and Color Vision Tonometry

LABORATORY

HEMATOLOGY PANEL

Full Blood Count Peripheral Blood Film

LIPID SCREEN

Total Cholesterol

LDI HDL

Triglycerides

Cholesterol/HDL Ratio

KIDNEY SCREEN

Creatinine Urea Sodium Potassium

GOUT SCREEN

Uric Acid

GGT

DIABETIC SCREEN

Glucose, Fasting

LIVER SCREEN

Albumin Globulin Total Protein Total Bilirubin A/G Ratio Alkaline Phosphatase AST ALT

THYROID SCREEN

T4, Free TSH

IMMUNOLOGY PANEL

Hepatitis A Antibody Hepatitis Bs Antigen & Antibody

URINE & STOOL ANALYSIS

Urine FEME Fecal Occult Blood

IMAGING

Electrocardiogram (ECG) Chest Xray

HealthTrack Select provides, in addition to physical examination, an expanded array of laboratory investigations carefully selected to cover major health concerns such as heart and cancer disease.

Health Track SELECT

\$560 INCLUDING GST



Pre- and Post- Consultation Physical Examination

MEASUREMENT

Height, Weight and BMI Waist Circumference **Blood Pressure Body Composition Analyzer** Visual Acuity and Color Vision Tonometry

LABORATORY

HEMATOLOGY PANEL

Full Blood Count Peripheral Blood Film Blood Group (ABO & Rh)

CARDIAC SCREEN

Total Cholesterol

LDI

HDL

Triglycerides

Cholesterol/HDL Ratio

High Sensitivity CRP

KIDNEY SCREEN

Creatinine

Urea

Sodium

Potassium

Chloride

BONE & IOINT SCREEN

Calcium Phosphate

Uric Acid

DIABETIC SCREEN

Glucose, Fasting HbA1c

LIVER SCREEN

Albumin Globulin

Total Protein

Total Bilirubin

A/G Ratio

Alkaline Phosphatase

AST AIT

GGT

THYROID SCREEN

T4. Free TSH

IMMUNOLOGY PANEL

Hepatitis A Antibody Hepatitis Bs Antigen & Antibody Syphilis Antibody **HIV Antibody**

TUMOR MARKERS

CEA (Colon / Lung) AFP (Liver)

URINE & STOOL ANALYSIS

Urine FFMF Fecal Occult Blood

Pap Smear Q

IMAGING

Electrocardiogram (ECG) Chest X-Ray



HealthTrack Select Plus is targeted at addressing your specific health concern.
Besides an expanded array of laboratory investigations which are selected to cover major health concerns, you can choose one of the various bundle screenings, depending on your personal health profile and medical risk factors.

Health Track SELECT PLUS

\$790 INCLUDING GST

Pre- and Post- Consultation Physical Examination

MFASURFMENT

Height, Weight and BMI Waist Circumference Blood Pressure **Body Composition Analyzer** Visual Acuity and Color Vision Tonometry

LABORATORY

HEMATOLOGY PANEL

Full Blood Count Peripheral Blood Film Blood Group (ABO & Rh)

CARDIAC SCREEN

Total Cholesterol LDI HDI **Trialvcerides** Cholesterol/HDL Ratio

High Sensitivity CRP

KIDNEY SCREEN

Creatinine Urea Sodium Potassium Chloride

BONE & JOINT SCREEN

Calcium **Phosphate** Uric Acid

DIABETIC SCREEN

Glucose, Fasting HhA1c

LIVER SCREEN

Albumin Globulin Total Protein Total Bilirubin A/G Ratio Alkaline Phosphatase AST ALT GGT

THYROID SCREEN

T4. Free TSH

IMMUNOLOGY PANEL

Hepatitis A Antibody Hepatitis Bs Antigen & Antibody Syphilis Antibody **HIV Antibody**

TUMOR MARKERS

CEA (Colon / Lung) AFP (Liver)

URINE & STOOL **ANALYSIS**

Urine FFMF Fecal Occult Blood

Pap Smear Q

IMAGING

Electrocardiogram (ECG) Chest X-Ray

Choose 1 of the following **BUNDLE** screening:

A) LIVER SCREENING

- Ultrasound Abdomen OR
- Fibrotest-max (Fatty Liver)

B) HEART SCREENING

- Treadmill Stress FCG OR
- Ultrasound Aortic Aneurvsm

C) CANCER SCREENING

For Females Q

- CA 125 (Ovary)
- Ultrasound Breast OR
- Ultrasound Pelvis OR
- Mammogram

For Males O

- PSA (Prostate)
- Ultrasound Scrotum

D) BONE SCREENING

- Vitamin D
- Bone Mineral Densitometry

*An option to add on additional bundle screening at \$210 before GST







Pre- and Post- Consultation Physical Examination

MEASUREMENT

Height, Weight and BMI Waist Circumference Blood Pressure **Body Composition Analyzer** Visual Acuity and Color Vision Tonometry

LABORATORY

HEMATOLOGY PANEL

Full Blood Count Peripheral Blood Film Blood Group (ABO & Rh)

ANAEMIA PROFILE

Ferritin Folate Vitamin B12

VITAMIN D

CARDIAC SCREEN

Total Cholesterol LDI

HDI

Trialvcerides Cholesterol/HDL Ratio High Sensitivity CRP Apolipoprotein A & B1

KIDNEY SCREEN

Creatinine Urea Sodium Potassium Chloride

BONE & JOINT SCREEN

Calcium Phosphate Uric Acid

DIABETIC SCREEN

Glucose, Fasting HbA1c

LIVER SCREEN

Albumin Globulin Total Protein Total Bilirubin A/G Ratio

Alkaline Phosphatase

AST ΔΙΤ GGT

THYROID SCREEN

T4, Free TSH

IMMUNOLOGY PANEL

Hepatitis A Antibody Hepatitis Bs Antigen & Antibody Hepatitis C Antibody Syphilis Antibody **HIV Antibody**

TUMOR MARKERS

CEA (Colon / Lung) AFP (Liver) CA 19.9 (Pancreas) EBV (Nasal) PSA (Prostate) ♂ CA 125 (Ovary) ♀

URINE & STOOL ANALYSIS

Urine FFMF Fecal Occult Blood

Pap Smear ♀

IMAGING

Electrocardiogram (ECG) Chest X-Ray Bone Mineral Densitometry

Choose 3 of the following:

Ultrasound Abdomen Ultrasound Carotid Ultrasound Aorta Ultrasound KUB Ultrasound Hepatobiliary Ultrasound Liver Elastography Ultrasound Scrotum Ultrasound Pelvis Q Ultrasound Breast Q Mammogram ♀

FUNCTIONAL TESTING

Treadmill Stress ECG Lung Function Test Retinal Photography

PRE-SCREENING GUIDELINES

THINGS TO BRING

- Identification card / passport (for registration).
- Past mammogram / ultrasound reports.

PREPARATIONS

- Please fast for at least 10 hours before your scheduled appointment. Plain water is allowed during the fasting period. Light refreshments will be provided after your blood specimens are taken.
- Please do not take your diabetic medication on the morning of the scheduled appointment. You may consume it after the screening tests are completed. Regular high blood pressure and heart medication can be taken as per usual.
- If you require spectacles, please bring them along for your vision tests. Kindly avoid wearing contact lenses on the day of your appointment.
- Eyedrops may be used to dilate your pupils if Retinal Photography is included. Following Retinal Photography, please refrain from driving on the day of your appointment as dilation of the pupils can cause temporary blurring of vision for up to a few hours.
- You may bring your running shoes and sports attire to change for your Treadmill Stress ECG.
- The urine and stool specimen bottles will be provided on the day of the screening.
- For ladies, please schedule your appointment 5 days after your last day of menstruation.



TERMS AND CONDITIONS

- Medical advice and recommendations will be delivered based on the individual's case findings, clinical investigations, medical history and personal profile. In adherence with the health screening guidelines from the Singapore Academy of Medicine, additional tests may be prescribed based on clinical judgment of the doctors upon screening.
- Prior booking of appointment is required and is subject to availability.

• Any changes to the date / time of appointment should be made at least 2 working days in advance.

• All items included in the health screening packages are strictly non-transferable to another party, non-exchangeable, non-refundable and not redeemable for cash. Any item not used in the package shall be forfeited

• HealthConnexion Pte Ltd reserves the right, at its sole and absolute discretion, to amend any of these Terms and Conditions from time to time without prior notice.

• HealthConnexion Pte Ltd reserves the right to make changes to the package prices in its sole and absolute discretion without prior notice.

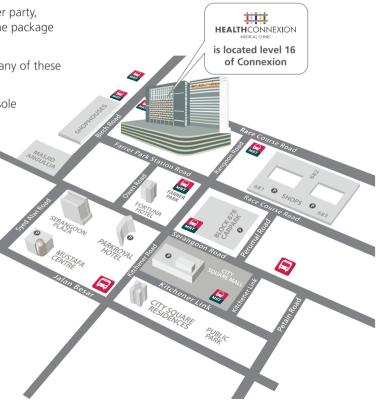
OPERATION HOURS

Sundays & Public Holidays Mondays to Fridays Saturdays & Eve of Public Holidays 8.30am to 12.30pm 8.30am to 5.30pm Closed

To make an appointment or to find out more about our health screening services available at HealthConnexion Medical Clinic, please contact us at:

HealthConnexion Medical Clinic

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HealthConnexion Pte Ltd

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UEN and GST Reg No. 201502465D



HealthConnexion A business owned by Farrer Park Hospital Pte Ltd.