



HEALTHCONNECTION
MEDICAL CLINIC

HEALTH SCREENING



Farrer Park Hospital's health screening centre, HealthConnexion, offers comprehensive health screening packages as well as customized solutions for individuals, corporate companies and the medical tourist.

Stepping through the doors into the chic, modern interior of HealthConnexion, one finds spacious high ceilings, interactive consultation rooms as well as a beautiful outdoor zen garden with spectacular views of the cityscape.

HealthConnexion clients can soak in the calming ambience of the garden while enjoying healthy refreshments served after health screenings are done.



HealthTrack Regular

\$468 including GST

CONSULTATION

Pre and Post Consultation
Physical Examination

MEASUREMENT

Height, Weight and BMI
Waist Circumference
Body Composition Analyzer
Visual Acuity and Color Vision
Tonometry

LABORATORY

Hematology Panel

Full Blood Count
ESR (Erythrocyte
Sedimentation Rate)

Lipid Panel

Total Cholesterol
LDL
HDL
Triglycerides
Cholesterol/HDL Ratio

Kidney Screen

Creatinine
Urea
EGFR
Sodium
Potassium
Chloride

Bone & Joint Screen

Calcium
Phosphate
Uric Acid
Rheumatoid Factor

Diabetic Screen

Glucose, Fasting

Liver Screen

Albumin
Globulin
Total Protein
Total Bilirubin
A/G Ratio
Alkaline Phosphatase

AST

ALT

GGT

Thyroid Screen

Free (T4)

TSH

Immunology Panel

Hepatitis A Antibody
Hepatitis Bs Antigen
& Antibody
Syphilis Antibody
HIV

Urine & Stool Analysis

Urine FEME
Fecal Occult Blood

IMAGING

Electrocardiogram (ECG)
Chest X-Ray

HealthTrack Select

\$600 including GST

CONSULTATION

Pre- and Post-Consultation
Physical Examination

MEASUREMENT

Height, Weight and BMI
Waist Circumference
Body Composition Analyzer
Visual Acuity and Color
Vision
Tonometry

LABORATORY

Hematology Panel

Full Blood Count
ESR
Blood Group (ABO & Rh)

Lipid Panel

Total Cholesterol
LDL
HDL
Triglycerides
Cholesterol/HDL Ratio

Kidney Screen

Creatinine
EGFR
Urea
Sodium
Potassium
Chloride

Bone & Joint Screen

Uric Acid
Calcium
Phosphate
Rheumatoid Factor

Diabetic Screen

Glucose, Fasting

Liver Screen

Albumin
Globulin
Total Protein
Total Bilirubin
A/G Ratio
Alkaline Phosphatase
AST
ALT
GGT

Thyroid Screen

Free (T4)
TSH

Immunology Panel

Hepatitis A Antibody
Hepatitis Bs Antigen
& Antibody
Syphilis Antibody

Tumor Markers

AFP (Liver)
CEA (Colon / Lungs)
PSA (Prostate) ♂
CA125 (Ovary) ♀

PAP Smear ♀

Urine & Stool Analysis

Urine FEME
Stool Occult Blood

IMAGING

Electrocardiogram (ECG)
Chest X-Ray

HealthTrack Select Plus

\$830 including GST

CONSULTATION

Pre and Post Consultation
Physical Examination

MEASUREMENT

Height, Weight and BMI
Waist Circumference
Body Composition Analyzer
Visual Acuity and Color Vision
Tonometry

LABORATORY

Hematology Panel

Full Blood Count
ESR
Blood Group (ABO & Rh)

Lipid Profile

Total Cholesterol
LDL
HDL
Triglycerides
Cholesterol/HDL Ratio

Kidney Screen

Creatinine
EGFR
Urea
Sodium
Potassium
Chloride

Bone & Joint Screen

Uric Acid
Calcium
Phosphate
Rheumatoid Factor

Diabetic Screen

Glucose, Fasting

Liver Screen

Albumin
Globulin
Total Protein
Total Bilirubin
A/G Ratio
Alkaline Phosphatase
AST
ALT
GGT

Thyroid Screen

Free (T4)
TSH

Immunology Panel

Hepatitis A Antibody
Hepatitis Bs Antigen
& Antibody
Syphilis Antibody

Tumor Markers

AFP (Liver)
CEA (Colon / Lungs)
PSA (Prostate) ♂
CA125 (Ovary) ♀

PAP Smear ♀

Urine & Stool Analysis

Urine FEME
Stool Occult Blood

IMAGING

Electrocardiogram (ECG)
Chest X-Ray

Choose one of the following:

A) LIVER SCREENING

- Ultrasound Abdomen OR
- Fibrotest-max

B) HEART SCREENING

- Treadmill Stress ECG OR
- Ultrasound Aortic Aneurysm

C) CANCER SCREENING

For Females ♀

- Ultrasound Breast OR
- Ultrasound Pelvis OR
- Mammogram

For Males ♂

- Ultrasound Prostate

D) BONE SCREENING

- Vitamin D
- Bone Mineral Densitometry

FUNCTIONAL TESTING

- Lung Function Test

** An option to add on additional bundle at \$180 before GST, limited to add-on one bundle*

HealthTrack Premier

\$1,780 including GST

CONSULTATION

Pre and Post Consultation
Physical Examination

MEASUREMENT

Height, Weight and BMI
Waist Circumference
Body Composition Analyzer
Visual Acuity and Color Vision
Tonometry

LABORATORY

Hematology Panel

Full Blood Count
ESR
Blood Group (ABO & Rh)

Lipid Profile

Total Cholesterol
LDL
HDL
Triglycerides
Cholesterol/HDL Ratio

Cardiac Profile

High Sensitivity CRP
Lipoprotein (a)

Kidney Screen

Creatinine
EGFR
Urea
Sodium
Potassium
Chloride

Bone & Joint Screen

Uric Acid
Calcium

Phosphate
Rheumatoid Factor

Diabetic Screen

Glucose, Fasting
HbA1c

Liver Screen

Albumin
Globulin
Total Protein
Total Bilirubin
A/G Ratio
Alkaline Phosphatase
ALT
AST
GGT

Thyroid Screen

Free (T4)
TSH

Immunology Panel

Hepatitis A Antibody
Hepatitis Bs Antigen
& Antibody
Hepatitis C Antibody
Syphilis Antibody

Tumor Markers

AFP (Liver)
CEA (Colon / Lungs)
CA 19.9 (Pancreas)
EBV (Nasal)
CA 125 (Ovary) ♀
PSA (Prostate) ♂

CA153
Beta HCG
Helicobacter Pylori IgG

Estradiol ♀

Urine & Stool Analysis

Urine FEME
Stool Occult Blood

PAP Smear ♀

IMAGING

Electrocardiogram (ECG)
Chest X-Ray

Choose three of the following:

Bone Mineral Densitometry
Ultrasound Abdomen
Ultrasound Carotid
Ultrasound Thyroid
Ultrasound Prostate ♂
Ultrasound Pelvis ♀
Ultrasound Breast ♀
Mammography ♀
CT Calcium Score*
CT Low dose Lung Screen*

*Equivalent to two choices

FUNCTIONAL TESTING

Lung Function Test
Retinal Photography
Treadmill Stress ECG



Couple/Pre-Marital Screening

1 Pax \$299 | Couple \$499 including GST

CONSULTATION

Pre and Post Consultation

MEASUREMENT

Height, Weight and BMI
Blood Pressure
Visual Acuity and Color Vision

LABORATORY

Hematology Panel

Full Blood Count
Peripheral Blood Film
Blood Group (ABO)

Diabetic Screen

Glucose, Fasting

Thalassemia Screen

Hb Electrophoresis

Immunology Panel

Hepatitis Bs Antigen
& Antibody
Rubella IgG Antibody

STD Screen

Syphilis Antibody
HIV Antibody

Thyroid Profile ♀

Free (T4)
TSH

Semen Analysis ♂

Urine Analysis

Urine FEME

Vaccination

Vaccination builds up your body's natural immunity to a disease before you get sick and reduce the burden of infectious diseases. However, age, health conditions, or other factors may deem vaccination not suitable. Discuss your vaccination needs and suitability with HealthConnexion resident doctors. The vaccinations are available at HealthConnexion.

- Boostrix
- Flu (Influenza)
- Human Papillomavirus (HPV)
- Pneumococcal
- Chickenpox (Varicella)
- Hepatitis
- Measles, Mumps, Rubella
- Shingles

Corporate Health Screening

Major workforce demographic changes combined with modern employees concerned about their after hours' wellbeing is set to change the way employees perceive corporate perks, benefits and wellness. Set against today's COVID-19 pandemic where remote work and telecommuting is – and will continue to be – a norm, HealthConnexion's comprehensive range of evidence-based core health screening packages are designed to monitor your employees' health and wellbeing in a time when there is a disappearing boundary between personal and professional lives.

More importantly, it can detect your employees' underlying health issues that may not present prevalent symptoms; resulting in absenteeism and creating an impact on overall business productivity. Regular health check-ups can help your employees catch illnesses at an early stage and prevent further complication.

Our corporate health screening services can be tailored to specifically meet your organizational needs.



Colonoscopy Screening

PRE-PROCEDURE CONSULTATION

- Measurement
 - Height, Weight, and BMI
 - Blood Pressure
- Consultation with HealthConnexion resident doctors to review medical history and check for colonoscopy suitability.
- Verify the patient's current medications (i.e., blood thinners, etc.)
- The doctor reviews the patient's medical for any risk factors such as:
 - Age 75 or older
 - Obesity
 - History of severe cardiac, renal, pulmonary, or hepatic disease
 - History of difficult, incomplete, or poorly prepped colonoscopy
 - History of risk or difficulty with sedation or anesthesia
 - Drug allergies
 - Pregnancy
- Discuss the screening colonoscopy procedure, preparation and answer patient questions relating to the procedure.
- Pre-registration paperwork to minimize patient hassle and wait on procedure day.

Pre-Screening Guidelines

THINGS TO BRING

- Identification Card/Passport (for verification upon registration).

PREPARATIONS

- Please fast for at least 10 hours before your scheduled appointment to ensure accuracy of your blood tests and other tests (e.g. Ultrasound Abdomen). Plain water is allowed during the fasting period. Light refreshments will be provided after your blood specimens are taken.
- Please do not take your diabetic medication on the morning of the scheduled appointment. You may consume it after the screening tests are completed. Regular high blood pressure and heart medication can be taken as per usual.
- If you require spectacles, please bring them along for your vision tests. Kindly avoid wearing contact lenses on the day of your appointment.
- Eyedrops may be used to dilate your pupils if Retinal Photography is included. Following Retinal Photography, please refrain from driving on the day of your appointment as dilation of the pupils can cause temporary blurring of vision for up to a few hours.
- You may bring your running shoes and sports attire to change for your Treadmill Stress ECG.
- The urine and stool specimen bottles will be provided on the day of the screening.
- For ladies, please schedule your appointment 5 days after your last day of menstruation.

TERMS AND CONDITIONS

- Medical advice and recommendations will be delivered based on the individual's case findings, clinical investigations, medical history and personal profile. In adherence with the health screening guidelines from the Singapore Academy of Medicine, additional tests may be prescribed based on clinical judgment of the doctors upon screening.
- Prior booking of appointment is required and is subject to availability.
- Any changes to the date/time of appointment should be made at least 2 working days in advance.
- All items included in the health screening packages are strictly non-transferable to another party, non-exchangeable, non-refundable and not redeemable for cash. Any item not used in the package shall be forfeited.
- HealthConnexion Pte. Ltd. reserves the right, at its sole and absolute discretion, to amend any of these Terms and Conditions from time to time without prior notice.
- HealthConnexion Pte. Ltd. reserves the right to make changes to the package prices in its sole and absolute discretion without prior notice.



HEALTHCONNEXION

MEDICAL CLINIC

HealthConnexion

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Operating Hours

Mon - Fri: 8:30 a.m. - 5:30 p.m.

Sat & Eve of PH: 8:30 a.m. - 12:30 p.m.

Sun & PH: Closed