



Hop on The Right Track

*Know yourself - for once we know ourselves,
we may learn how to care for ourselves.*

Socrates



HealthConnexion, a new health screening and preventive medicine initiative offers customised comprehensive solutions not just for physical and bodily health, but also the mind and soul. Much more than your usual 'medical check-up clinic', one can look forward to more in-depth health assessments, personalised dietary and fitness advice, and regular wellness activities to encourage bonding between like-minded individuals and with HealthConnexion, as it aspires to be your bridge to excellent health.





HealthTrack Regular provides the essentials of physical examination and laboratory investigations, and offers good value to enter a program of lifelong health awareness.

HealthTrack
REGULAR

\$290 INCLUDING GST

| CONSULTATION

Pre- and Post- Consultation
Physical Examination

| MEASUREMENT

Height, Weight and BMI
Waist Circumference
Blood Pressure
Body Composition Analyzer
Visual Acuity and Color Vision
Tonometry

| LABORATORY

HEMATOLOGY PANEL

Full Blood Count
Peripheral Blood Film

LIPID PANEL

Total Cholesterol
LDL
HDL
Triglycerides
Cholesterol/HDL Ratio

RENAL & CHEMISTRY PANEL

Creatinine
Urea
Sodium
Potassium
Uric Acid
Glucose, Fasting

LIVER PANEL

Albumin
Globulin
Total Protein
Total Bilirubin
A/G Ratio
Alkaline Phosphatase
AST
ALT
GGT

THYROID PANEL

Free (T4)
TSH

IMMUNE & INFLAMMATION PANEL

Hepatitis A Antibody
Hepatitis Bs Antigen
& Antibody

URINE & STOOL ANALYSIS

Urine FEME
Fecal Occult Blood

| IMAGING

Electrocardiogram (ECG)
Chest Xray

HealthTrack Select provides, in addition to physical examination, an expanded array of laboratory investigations carefully selected to cover major health concerns such as heart and cancer disease.

HealthTrack **SELECT**

\$520 INCLUDING GST



| CONSULTATION

Pre- and Post- Consultation
Physical Examination

| MEASUREMENT

Height, Weight and BMI
Waist Circumference
Blood Pressure
Body Composition Analyzer
Visual Acuity and
Color Vision
Tonometry

| LABORATORY

HEMATOLOGY PANEL

Full Blood Count
Peripheral Blood Film
Blood Group (ABO & Rh)

LIPID PANEL

Total Cholesterol
LDL
HDL
Triglycerides
Cholesterol/HDL Ratio
High Sensitivity CRP

RENAL & CHEMISTRY PANEL

Creatinine
Urea
Sodium
Potassium
Chloride
Calcium
Phosphate
Uric Acid
Glucose, Fasting
HbA1c

LIVER PANEL

Albumin
Globulin
Total Protein
Total Bilirubin
A/G Ratio
Alkaline Phosphatase
AST
ALT
GGT

THYROID PANEL

Free (T4)
TSH

IMMUNE & INFLAMMATION PANEL

Hepatitis A Antibody
Hepatitis Bs Antigen
& Antibody
VDRL Screening (Syphilis)
HIV Antibody

TUMOR MARKERS

CEA (Colon/Lung)
AFP (Liver)

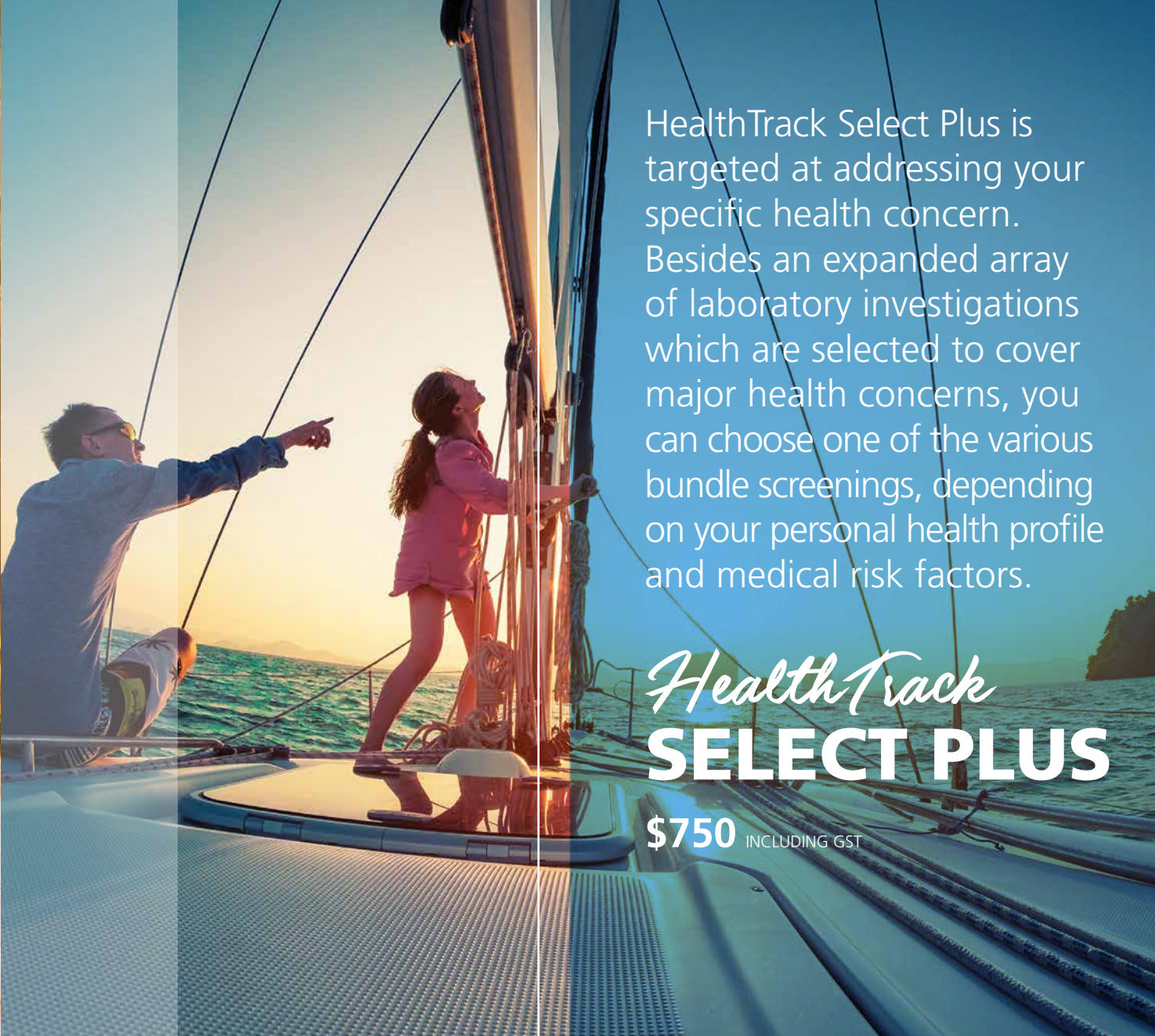
URINE & STOOL ANALYSIS

Urine FEME
Fecal Occult Blood

Pap Smear ♀

| IMAGING

Electrocardiogram (ECG)
Chest X-Ray



HealthTrack Select Plus is targeted at addressing your specific health concern. Besides an expanded array of laboratory investigations which are selected to cover major health concerns, you can choose one of the various bundle screenings, depending on your personal health profile and medical risk factors.

HealthTrack
SELECT PLUS

\$750 INCLUDING GST

CONSULTATION

Pre- and Post- Consultation
Physical Examination

MEASUREMENT

Height, Weight and BMI
Waist Circumference
Blood Pressure
Body Composition Analyzer
Visual Acuity and
Color Vision
Tonometry

LABORATORY

HEMATOLOGY PANEL

Full Blood Count
Peripheral Blood Film
Blood Group (ABO & Rh)

LIPID PANEL

Total Cholesterol
LDL
HDL
Triglycerides
Cholesterol/HDL Ratio
High Sensitivity CRP

RENAL & CHEMISTRY PANEL

Creatinine
Urea
Sodium
Potassium
Chloride
Calcium
Phosphate
Uric Acid
Glucose, Fasting
HbA1c

LIVER PANEL

Albumin
Globulin
Total Protein
Total Bilirubin
A/G Ratio
Alkaline Phosphatase
AST
ALT
GGT

THYROID PANEL

Free (T4)
TSH

IMMUNE & INFLAMMATION PANEL

Hepatitis A Antibody
Hepatitis Bs Antigen
& Antibody
VDRL Screening (Syphilis)
HIV Antibody

TUMOR MARKERS

CEA (Colon/Lung)
AFP (Liver)

URINE & STOOL ANALYSIS

Urine FEME
Fecal Occult Blood

Pap Smear ♀

IMAGING

Electrocardiogram (ECG)
Chest X-Ray

Choose 1 of the following BUNDLE screening:

A) LIVER SCREENING

- Ultrasound Abdomen OR
- Fibrotest-max (Fatty Liver)

B) HEART SCREENING

- Treadmill Stress ECG OR
- Ultrasound Aortic Aneurysm

C) CANCER SCREENING

- CA 125 (Ovary) ♀
- Ultrasound Breast ♀ OR
- Ultrasound Pelvis OR
- Mammogram ♀
- PSA (Prostate) ♂
- Ultrasound Prostate ♂

D) BONE SCREENING

- Vitamin D
- Bone Mineral Densitometry

* Option to add on additional BUNDLE at \$200 before GST



HealthTrack Premier is tailored to the special demands of those who desire a more comprehensive examination and testing program, which covers major health concerns as well as personally relevant ones.

HealthTrack **PREMIER**

\$1680 INCLUDING GST

| CONSULTATION

Pre- and Post- Consultation
Physical Examination

| MEASUREMENT

Height, Weight and BMI
Waist Circumference
Blood Pressure
Body Composition Analyzer
Visual Acuity and
Color Vision
Tonometry

| LABORATORY

HEMATOLOGY PANEL

Full Blood Count
Peripheral Blood Film
Blood Group (ABO & Rh)

NUTRITIONAL PROFILE

Folate
Vitamin B12
Vitamin D

LIPID PANEL

Total Cholesterol
LDL
HDL
Triglycerides
Cholesterol/HDL Ratio
High Sensitivity CRP

APOLIPOPROTEIN PROFILE

Apolipoprotein A
Apolipoprotein B

RENAL & CHEMISTRY PANEL

Creatinine
Urea
Sodium
Potassium
Chloride
Calcium
Phosphate
Uric Acid
Glucose, Fasting
HbA1c

LIVER PANEL

Albumin
Globulin
Total Protein
Total Bilirubin
A/G Ratio
Alkaline Phosphatase
AST
ALT
GGT

THYROID PANEL

Free (T4)
TSH

IMMUNE & INFLAMMATION PANEL

Hepatitis A Antibody
Hepatitis Bs Antigen
& Antibody
Hepatitis C Antibody
VDRL Screening (Syphilis)
HIV Antibody

TUMOR MARKERS

CEA (Colon/Lung)
AFP (Liver)
CA 19.9 (Pancreas)
EBV (Nasal)
PSA (Prostate) ♂
CA 125 (Ovary) ♀

URINE & STOOL ANALYSIS

Urine FEME
Urine Microalbumin/
Creatinine Ratio
Fecal Occult Blood

Pap Smear ♀

| IMAGING

Electrocardiogram (ECG)
Chest X-Ray
Ultrasound Abdomen
Ultrasound Prostate ♂
Ultrasound Aorta ♂
Ultrasound Pelvis ♀
Ultrasound Breast ♀ OR
Mammogram ♀

** Option to do both Ultrasound
Breast and Mammogram with
additional top up of \$100 before GST

| FUNCTIONAL TESTING

Pure Tone Audiometry
Treadmill Stress ECG
Lung Function Test
Retinal Photography

PRE-SCREENING GUIDELINES

THINGS TO BRING

- Identification card/passport/company's letter/staff pass (for verification upon registration).
- Past medical reports and any current medications.

PREPARATIONS

- Please fast for at least 10 hours before your scheduled appointment to ensure accuracy of your blood tests and other tests (e.g. Ultrasound Abdomen). Sips of plain water are allowed during the fasting period. Light refreshments will be provided after your blood specimens are taken.
- Please do not take your diabetic medication on the morning of the scheduled appointment. You may consume it after the screening tests are completed. Regular high blood pressure and heart medication can be taken as per usual.
- If you require spectacles, please bring them along for your vision tests. Kindly avoid wearing contact lenses on the day of your appointment.
- Eyedrops may be used to dilate your pupils if Retinal Photography is included. Following Retinal Photography, please refrain from driving on the day of your appointment as dilation of the pupils can cause temporary blurring of vision for up to a few hours.
- You may bring your running shoes and sports attire to change for your Treadmill Stress ECG.
- The urine and stool specimen bottles will be provided on the day of the screening.
- For ladies, please schedule your appointment 5 days after your last day of menstruation.



TERMS AND CONDITIONS

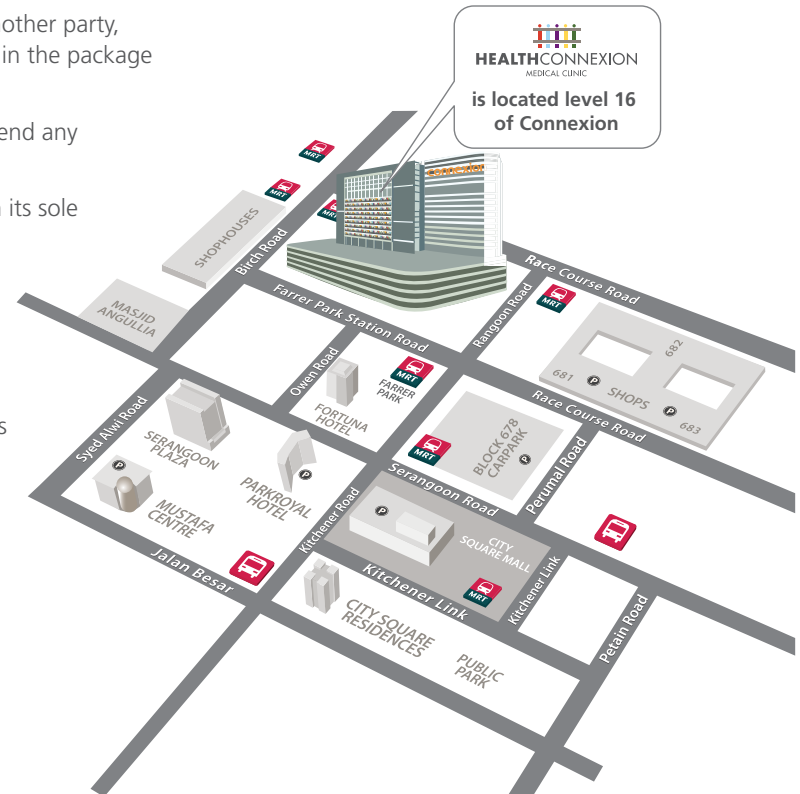
- Medical advice and recommendations will be delivered based on the individual's case findings, clinical investigations, medical history and personal profile. In adherence with the health screening guidelines from the Singapore Academy of Medicine, additional tests may be prescribed based on clinical judgment of the doctors upon screening.
- Prior booking of appointment is required and is subject to availability.
- Any changes to the date/time of appointment should be made at least 2 working days in advance.
- All items included in the health screening packages are strictly non-transferable to another party, non-exchangeable, non-refundable and not redeemable for cash. Any item not used in the package shall be forfeited.
- HealthConnexion Pte Ltd reserves the right, at its sole and absolute discretion, to amend any of these Terms and Conditions from time to time without prior notice.
- HealthConnexion Pte Ltd reserves the right to make changes to the package prices in its sole and absolute discretion without prior notice.

OPERATION HOURS

Mondays to Fridays	Saturdays & Eve of Public Holidays	Sundays & Public Holidays
	8.30am to 12.30pm	Closed

To make an appointment or to find out more about our health screening services available at HealthConnexion Medical Clinic, please contact us at

☎ **+65 6363 0505** ✉ **HealthConnexion@farrerpark.com**



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UEN and GST Reg No. 201502465D



HealthConnexion A business owned by Farrer Park Hospital Pte Ltd.